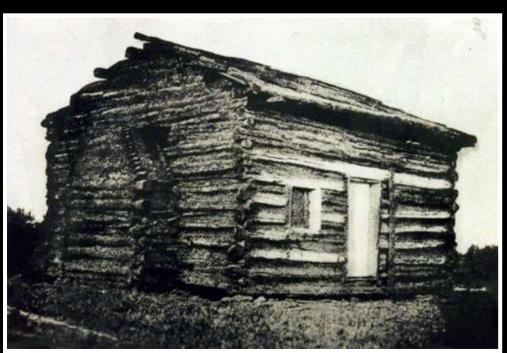
# Building Better Homes

## Husbands & Fathers



What kind of homes do our children need?





## The crying need in our culture is not better houses...

it's better homes.



## 2 Ptr. 3

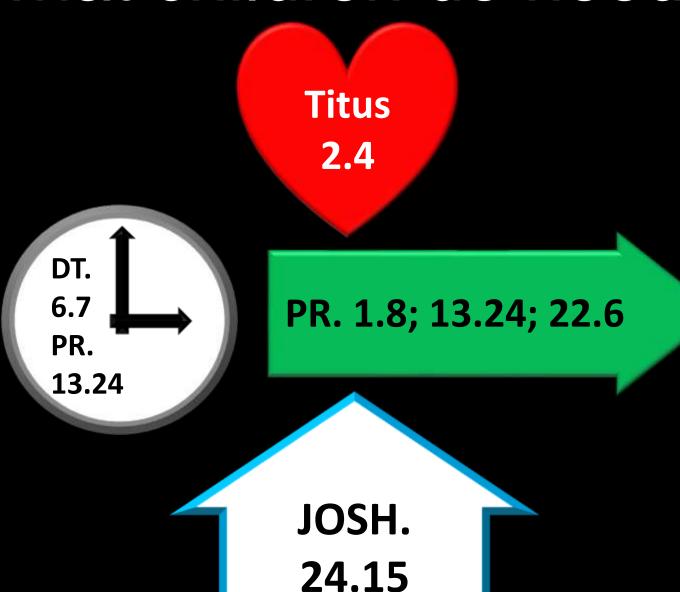
"seeing that all these things shall be dissolved..."

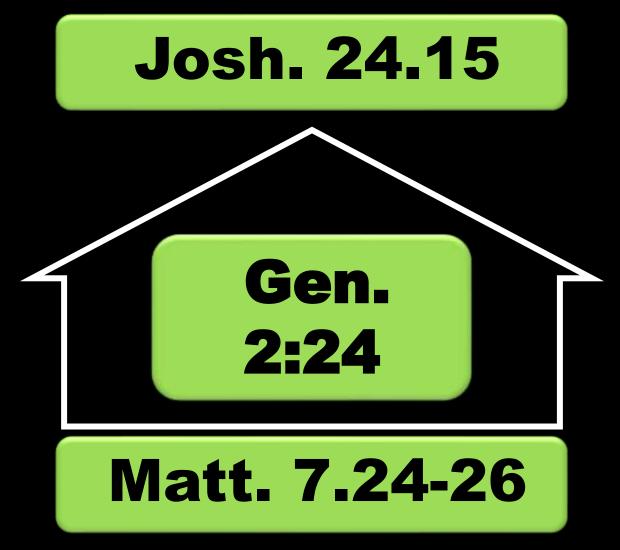
### 2 Ptr. 3

"seeing that all these things shall be dissolved..."

Proverbs
15:16-17
&
17:1

## what children do need:





 "Let marriage be had in honor among all and let the bed be undefiled, for fornicators and adulterers God will judge."

## Homes (like houses) need work 8 maintenance

Q for the dads

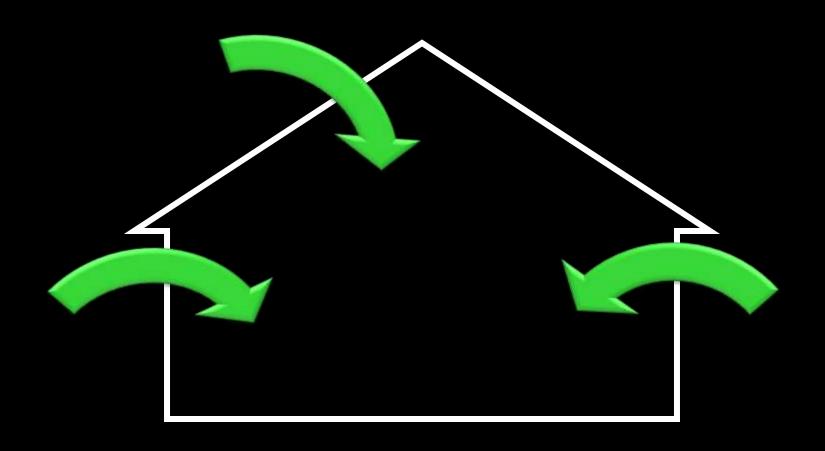
## the relative importance of temporary threats & eternal threats...

## What would I do ...?





### on a spiritual & moral level...



...am I letting toxic filth infiltrate my home?

## Godliness does not come from taking our cues from the world Rm.12.1-2



- Gen. 2.18, 24 -leave & cleave
- Gen.3.13-19; 1 Tim. 5.8
  - provide for physical needs
- Deut.6.1-9; Eph.6.4
  - provide spiritual leadership
- Eph. 5.25, 28-29
  - provide leadership generally
    - a sacrificial & serving leader : Eph. 5.25

#### Eph 5:25. 28-31. 33 ESV

25 Husbands, love your wives, as Christ loved the church and gave himself up for her, ...

28-31 In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body.

31 "Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." ... 33 However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

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## Eph. 5



to the husband: LOVE HER

to the wife: wife: FOLLOW HIM

- REMEMBERING YOUR VOWS:
- "love and cherish" Eph.5.28-29
- "honor" 1Ptr.3.7
- "to her and her alone" Job.31.1; Pr.5; Mt.5

## "disposable-marriage" in a disposable culture

- "I think God wants me to be happy"
- "I thought things would be different"
  - "I want to do what I want to do"
- "It's not good for the kids to see us unhappy"
  - "I'm not in love anymore"

Luke 16.18; Mark 10; Matt. 19
 1 Cor. 7; Malachi 2:13-16

## a lesson from cuban cars



THOU SHALT HAVE NO OTHER GODS BEFORE ME.

THOU SHALT NOT MAKE A GRAVEN IMAGE

THOU SHALT NOT TAKE THE NAME OF THE LORD THY GOD IN VAIN

REMEMBER THE SABBATH

HONOUR THY FATHER AND THY MOTHER THOU SHALT NOT KILL.

THOU SHALT NOT COMMIT ADULTERY

THOU SHALT NOT STEAL.

THOU SHALT NOT BEAR FALSE WITNESS

THOU SHALT NOT COVET

## THOUSHALT NOT COMMIT ADULTERY

## PROVERBS

## AP poll: top news story 2017?

1. <u>ict</u>

AP Poll: Sexual misconduct allegations voted top news story

AP DAVID CRARY

Associated Press December 21, 2017

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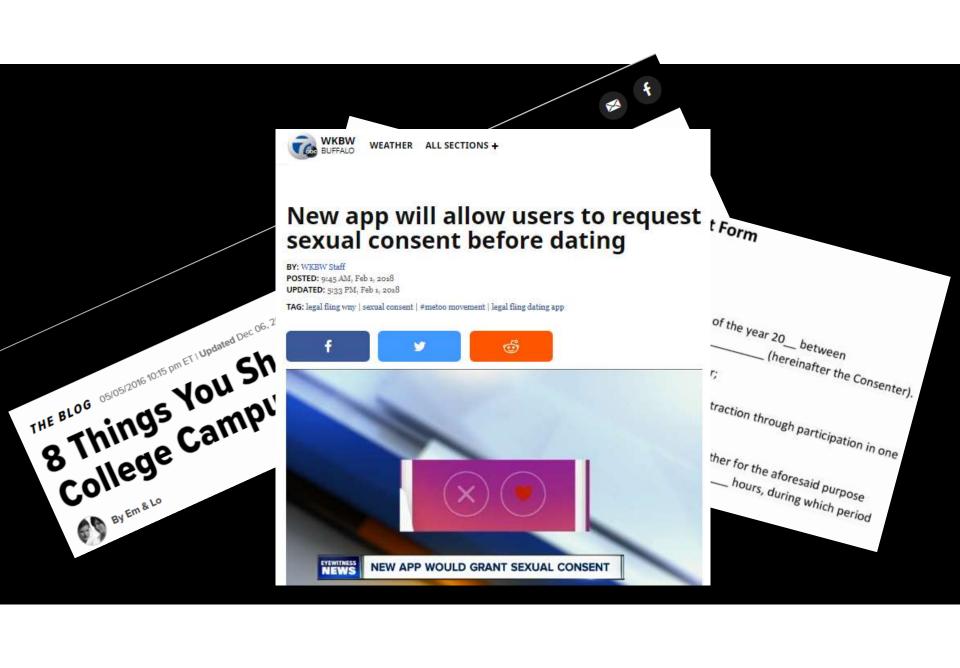
~



This combination of photos shows, top row from left, broadcaster Bill O'Reilly, U.S. Senate candidate Roy Moore, U.S. Sen. Al Franken, D-Minn., and broadcaster Matt Lauer. Bottom row from left are actor Kevin Spacey, conductor James Levine, broadcaster Charlie Rose and film producer Harvey Weinstein. More

## a recurring defense:

"consensual"



## Here's a much better consensual agreement:

Do you take this woman / man to be your lawfully wedded wife /husband? To have and to hold, and to keep yourself to her/ him alone? So long as you both shall live?



## ADULTERY:

THE SELFISHNESS
THE FOOLISHNESS
THE VIOLATION OF COVENANT
THE BETRAYAL
THE ENTANGLEMENT
THE CONSEQUENCES
THE VICTIMS

THOU SHALT HAVE NO OTHER GODS BEFORE ME.

THOU SHALT NOT MAKE A GRAVEN IMAGE

THOU SHALT NOT TAKE
THE NAME OF THE LORD
THY GOD IN VAIN

REMEMBER T

HONOUR THY FATHER

AND THE MUTHER

THOU SHALT NOT KILL.

THOU SHALT NOT COMMIT ADULTERY

THOU SHAY

ACU SHALT NOT EAR FALSE WITNESS

THOU SHALT NOT COVET

MATT. 5.27-30

## RESPECTING BOUNDARIES

- clothing
- communication
- compliments
- contact
- companionship
- closeness
- imagination
- intimacy
- love
- desire
- loyalty



### 7 SIGNS YOU'RE HAVING AN EMOTIONAL AFFAIR: 2. You're dressing to impress a specific individual other than your spouse.

when we're trying to be visually attractive for an individual other than our spouse, we're opening a very dangerous door.

#### 3. You try to create opportunities to be alone with someone other than your spouse.

If you're going out of your way to "run into" someone so you can have one-on-one conversations, that's a huge red flag.

#### 4. You delete text messages or emails from someone, because you don't want your spouse to see them.

If you're ever hiding messages, texts or calls, then you've crossed an obvious line..

#### 5. You're having consistent romantic and/or sexual fantasies about someone other than your spouse.

Affairs don't start in the bedroom, they always start in the mind!

#### 6. You're constantly comparing your spouse to this other individual.

...the mental tendency is to see this new person as nearly flawless and, by comparison, your spouse's flaws become much more obvious. If you're more critical of your spouse while mentally comparing them to this other person, you're falling into a toxic trap.

Read more at http://www.patheos.com/blogs/davewillis/7-signs-youre-having-an-emotional-affair/#dpbyiHYp7bXGRMGT.99

"Being frustrated with your spouse is no more a good reason to get divorced anymore than being frustrated with your children is a good reason to put them up for adoption."

-Dave Willis

davewillis.com

# A HEALTHY MARRIAGE:

#### INVOLVES SO MUCH MUCH MORE THAN

"DON'T COMMIT ADULTERY"

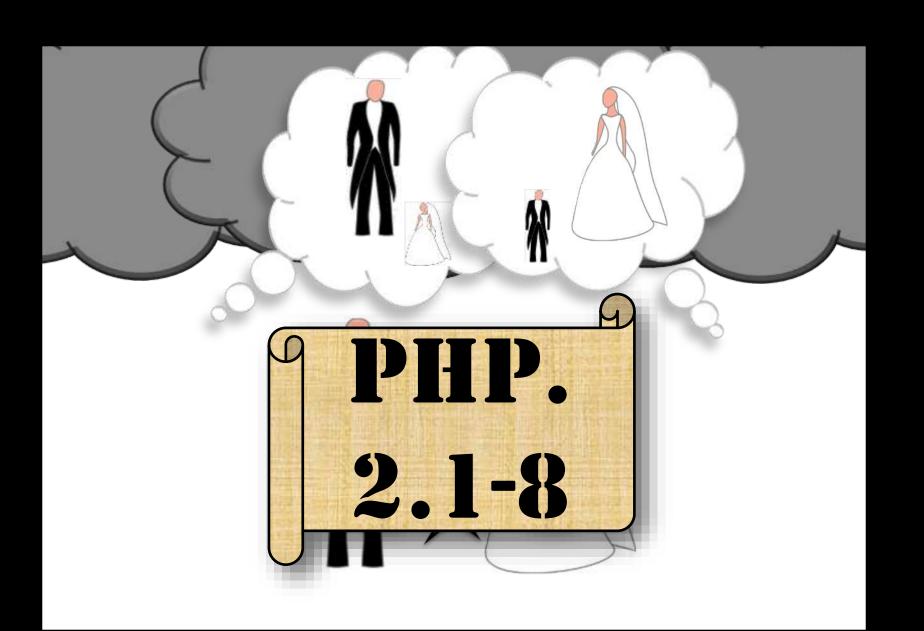
# STRESS STRAIN & STRIFE



















# husband & wife

# 1 Peter 3

### wife

#### • Eph. 5.22-24

Wives, submit to your own husbands, as to the Lord. For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. Now as the church submits to Christ, so also wives should submit in everything to their husbands.

### wife

#### • Titus 2.3-5

- older women teach the younger women:
- "to love their husbands, to love their children, to be sensible, pure, workers at home, kind, being subject to their own husbands"

Gen.3:16-19; Prov.31

1Tim.5.14; Titus 2.5

# wife

# Proverbs 31.10-31

•	an excellent wife, her worth is far above rubies	[10]
•	the heart of her husband trusts in her	[11]
•	she does him good and not evil	[12]
•	she stretches out her hands to the needy	[20]
•	she looks well to the ways of her household	[27]
•	strength and dignity are her clothing	[25]
•	law of kindness is on her tongue	[26]

# husband & wife

#### 1Cor.7.

- defraud not one another husband wife
  - "one flesh" God's plan / fund. & beneficial
- considerate (1 Cor.7; Mt. 7.12; Php.2 )
- secure (Pr.31 / Pr.5-7)
- impassioned (Prov.5)
- loving (Eph.5/ Titus 2)



Col. 3.19

Prov. 21.9 27.15

### speaking with kindness

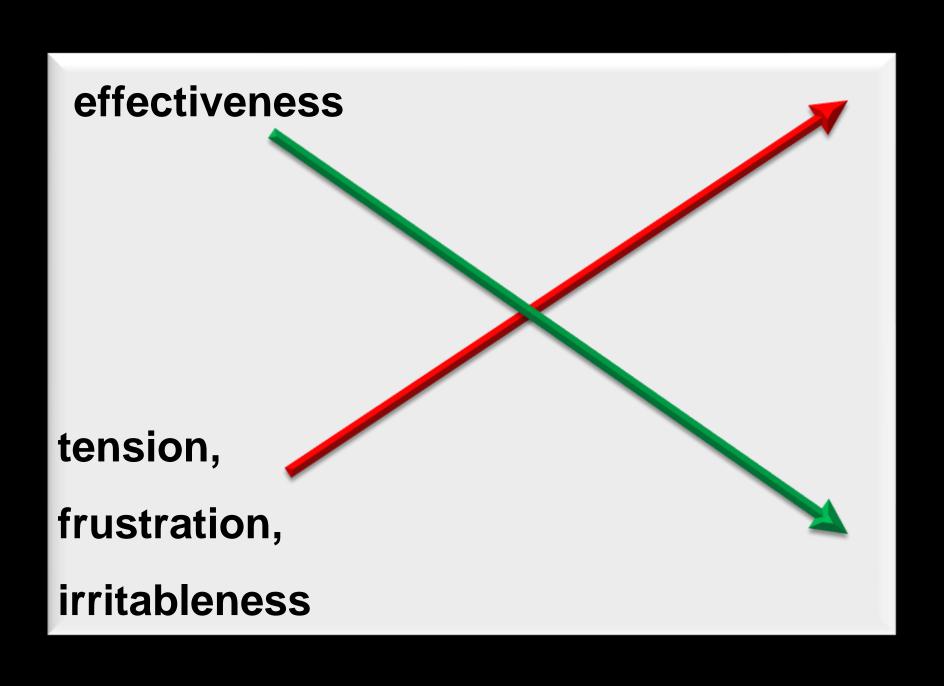
- Eph. 4.15 speaking the truth in love
- Prov.25:15
   a soft tongue breaks the bone
- Prov.15:1

A soft answer turneth away wrath: but grievous words stir up anger

Prov. 31:26

Col. 3:19

Mt. 7:12



# Prov. 21:9 & 19

## **Prov. 14.1**

nasb

The wise woman builds her house,
But the foolish tears it down with
her own hands.

"Let no corrupt speech proceed out of your mouth, but such as is good for edifying as the need may be, that it may give grace to them that hear."

Eph.4:29 asy

# throwing jabs

- "My mistake. I should have learned by now not to expect too much."
- "I shouldn't blame you. You get it honestly enough from your [Dad/Mom/brother/sister]."
- "I should have listened to my mother when she warned me about you."

#### Prov.12:18 nasb

"There is one who speaks rashly like the thrusts of a sword, But the tongue of the wise brings healing."

# specific area ...

"sorry apologies" vs.
sorrow & apology

the minimizing apology

Perhaps I made a

Maybe my reaction wasn't the best

Well, no one's perfect after all

i.o.w.: NO BIG DEAL. MAYBE I WASN'T PERFECT.

- the minimizing apology
- the accusation apology

I'm sorry you got so
I'm sorry you were
So bothered by that
I'm sorry you took it
the wrong way

i.o.w.:

HERE'S YOUR

APOLOGY: SORRY

YOU MESSED UP,

BUT IT'S YOUR FAULT

If I may have made a mistake

- the minimizing apology
- the a have appeared to be wrong apology
- the "hypothetical" apology

i.o.w.: I'M ADMITTING
NOTHING (and likely did
nothing). BUT
SUPPOSING EVEN IF I
DID, LET'S CONSIDER
IT APOLOGIZED FOR

- the minimizing apology
- the accusation apology
- the "h apology
- the "I'm sorry,"
   but..." apology

Well I'm sorry, BUT IF YOU HADN'T...

I'm sorry, BUT YOU WERE THE ONE...

I'm sorry, BUT I ONLY REACTED THAT WAY BECAUSE YOU...

i.o.w.:
OK, there's your
apology. NOW TO THE
REAL PROBLEM: YOU.

- the minimizing apology
- the accusation apology
- the "hypothetical apology
- the "I'm sorry, but..." apology
- the angry apology

So I'm sorry, OK???

FINE! I'm sorry then.

Are you satisfied?

i.o.w.:

Ok- I said the words. Now get off my back!

- the minimizing apology
- the accusation apology
- the "hy othetical" apolo
- the "/m surry, but .." apolegy
- the angry ap logy

the apology of the prodigal son

Lk.15:21

# Nurture? Or Neglect?

Build up?
Or tear down?

Grow together?
Or grow cold?

# HEB.13:4

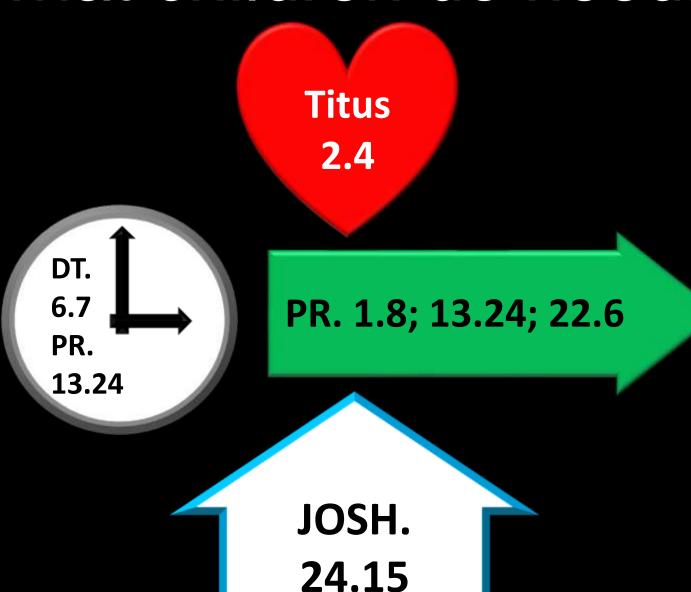
Let marriage be had in honor among all

**MAL. 2:14** NKJV the LORD has been witness Between you and the wife of your youth... she is your companion And your wife by covenant.



# CHILD TRAINING

# what children do need:



# Biblical examples of parenting (good and bad)

- (-) choice of environ.
- (-) deceit & favoritism
- (-) not restraining
- (-) didn't "displease" him David

- (+) lasting influence
- (+) raised in the Word

- Lot
- R & I / J. G.25 & 37
  - Eli
  - **Jonadab Jer. 35:1-19**
  - L > E > T 2Tim.1:5; 3:15

Gen.13:12-13

1S.2:22-23/3.13

2Sam.13/1K.1.6

# Proverbs 22.6 ESV

"Train up a child in the way he should go,
Even when he is old, he will not depart from it"

#### Prov. 29:15

**NET** 

A rod and reproof impart wisdom, but a child who is unrestrained brings shame to his mother.

# **CHILD TRAINING**

- Proverbs 22.6
  - "Train up a child in the way he should go, even when he is old, he will not depart from it"
- or Judith Harris: "Do Parents really matter?"
- Time issues:
- a garden



## **PARENTS**

- Proverbs 22.6
   "Train up a child in the even where will are the even where the even where the even weeks of the even where the even where the even where the even weeks of the even where the even weeks of the even weeks of the even where the even weeks of the even where the even weeks of the even weeks of the even where the even where
- Time issue
- a garaen
- cat, bird
- Deut. 6.7; Eph.6.4
- the importance of starting early

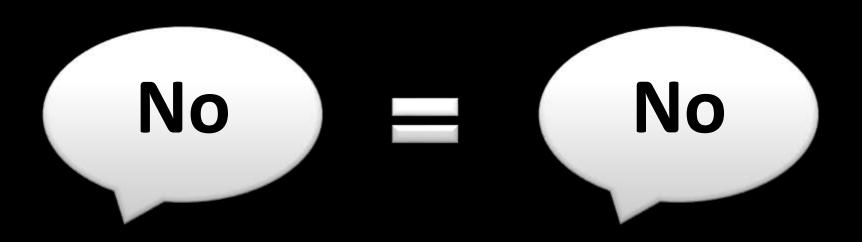
It takes the babies about 2 weeks to leave the nest, or "fledge," and then they usually stay with their parents for two or three weeks after that.

Journey North American Robin

#### early child training

#### LESSON # 1:

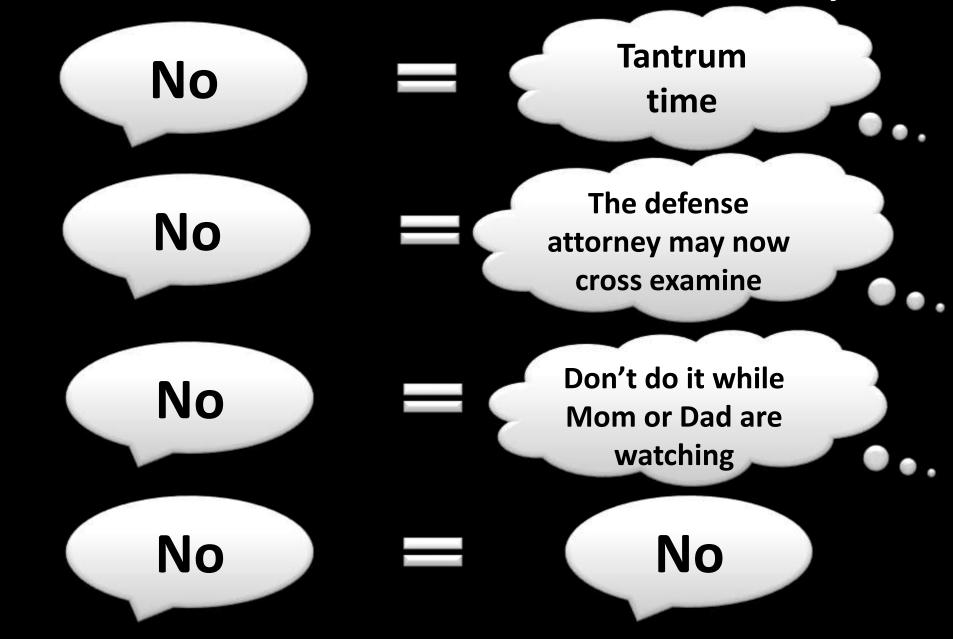
#### basic vocabulary:



#### **EARLY TRAINING & "NO"**

- The importance of "no" [cf. Gen.2; Ex. 20]
- respect & compliance for the prohibitory "no"
- if you don't mean it, don't say it, and if you do mean it, enforce it Mt.5.37

#### **VOCABULARY TEST:** What does "no" mean to my child?



RESPECT FOR AUTHORITY I WON'T ALWAYS GET MY WAY BEHAVIOR
IS MORE
IMPORANT
THAN
DESIRE

SELF
DENIAL
/
SELF
CONTROL

No



No

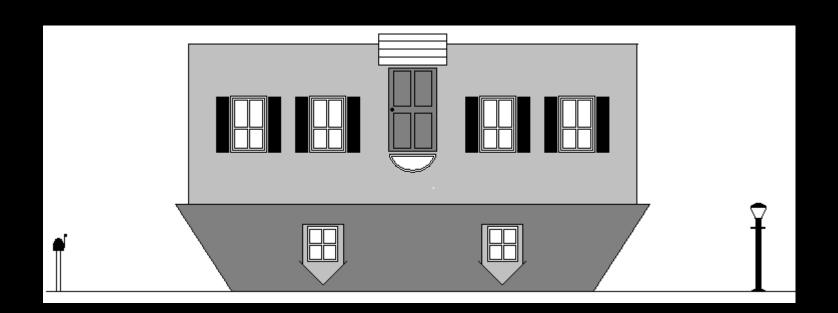
#### **EARLY TRAINING & "NO"**

important foundation:
 learning to submit to an earthly father prepares the child for submission to a far more important Father.

#### **EARLY TRAINING & "NO"**

- respect & compliance for prohibitory "no"
- zero tolerance for defiant & rebellious "no"

## avoiding upside down homes



#### UPSIDE DOWN HOMES (M.&.D.Pearl?)

#### **Child centered homes vs. God centered homes:**

Too many children view the home, the parents, the food, etc., as merely a means to an ends: to satisfy and please the child.

The child makes his demands and manipulates the parents via tantrums and repeated misbehavior.

Parents bow to the will of the child in efforts to placate and appease his whims and dissatisfactions, or suffer through increased strife and conflict when they cannot.

The home is like a house built upside down.

#### The child needs to understand:



- GOD
- father
  - mother
  - ·child

**ROLES Josh. 24.15** 

Eph.5.25 1Ptr. 3; 1Tm.5.14

Eph.6:1-4

# Prov. 29:15 The rod and reproof give wisdom, but a child left to himself brings shame to his mother.

#### a child untrained . . .

a.) 4 yr. old b.) breakfast

# Prov. 29:15 ESV The rod and reproof give wisdom, but a child left to himself brings shame to his mother.

### Proverbs 22.6 ESV

"Train up a child in the way he should go,
Even when he is old, he will not depart from it"

## some common mistakes to avoid

## parenting pitfalls

#### 1. failing to discipline...

 He who spares his rod hates his son, but he who loves him disciplines him diligently

Prov.13.24

 Discipline your son while there is hope, and do not desire his death

Prov. 19.18

Foolishness is bound up in the heart of a child;
 the rod of discipline will drive it far from him

Prov. 22.15

#### 1. failing to discipline...

- Do not hold back discipline from the child,
   Although you strike him with the rod, he will not die
   Prov. 23.13
- The rod and reproof bring wisdom, but a child who gets his own way brings shame to his mother
   Prov. 29.15
- Correct your son, and he will give you comfort; he will also delight your soul

Prov. 29.17

(illustration / 4 yr. old)

#### 2. Rewarding misbehavior

- Why do children throw tantrums?
- lowering the bar / accom. & facilitating misbehavior
- letting a child get "his way" is not doing him a favor, it will spoil him
- letting a child get his way will not satisfy him, it will spoil him [imp.of boundaries/ playground.ex.]
- the difference between a boy and a pig
- "The rod and reproof bring wisdom, but a child who gets his own way brings shame to his mother"

  Prov. 29.15

#### 3. Expecting misbehavior

- Not talking about wanting misbehavior, hoping for, or preferring misbehavior...
- but <u>expecting</u> misbehavior
  - "Oh, we can't take him to the restaurant"
  - "There's no way Jr's going to sit still for an hour"
  - "Well after that sugar, he's going to be impossible"
  - "Oh, I'll never get him to eat that"
  - "Sorry, my son's not much of a sharer"
- "Foolishness is bound up in the heart of a child; the rod of discipline will drive it far from him"
   Pr.22.15

#### as a general rule: you get what you expect

If you expect tantrums, you will get them.

If you expect dishonesty, you will get it.

If you expect bad attitudes, you will get it.

but if you really EXPECT the opposite, and require and TRAIN for the opposite,

you will GET the opposite.

#### 4. failing to be consistent...

"He who spares his rod hates his son, but he who loves him disciplines him diligently"
 Pr.13.24

child pscyh. on "playing the odds"

- lottery analogy: people keep buying tickets when there's a chance of it paying off. Eliminate all lottery winnings, and people would quit buying tickets. Eliminate occasional pay-offs, and let the child realize the lottery is shut down.
- "No parking" illustration (next slide)

Imagine a city that treated "No Parking" violations with the following sequence of responses (and everyone knew how the system worked):



OK, now you're in trouble!

\$ 50 FINE

What would those no parking areas be filled with?

#### 5. Thinking "I don't have time..."

- Like saying "I don't have time to get rid of lice"
- Child training time is well invested time, and saves time
- "All discipline for the moment seems not joyful, but sorrowful, yet ... afterwards it yields the peaceful fruit..."

Heb.12.11

 "He who spares his rod hates his son, but he who loves him disciplines him diligently"

Prov.13.24

#### 6. failing to control self...

- proper motivation: Prov.13.24
   "he who <u>loves</u> him disciplines him diligently"
- discipline vs. abuse
- discipline vs. YELLING!!
  - "expert" advice [?]
- Why won't he obey???
  - "What's wrong with you?"
    "I don't know why you won't do right!"
- the vase test (see next slide)

#### THE VASE TEST

set up:

- a.) Jr. bounces a ball off the wall
- b.) Mom says: "Jr., don't throw that ball in the house"
- c.) Jr. looks at mom, heard her; throws the ball again anyway.

scenario A: nothing broken

scenario B: antique vase is shattered

#### Reaction:

No big deal. Mom says, "Jr., I asked you not to do that."

Reaction: Seeing her son's willful defiance & disobedience, Mom takes this very serious and he is punished. WHY?

#### Reaction:

No big deal.

Mom says,

"Jr., I asked

you not to

do that" ?

#### Reaction:

Jr's in BIG trouble!!

NOW he's going to get it! This is VERY serious.

WHY?

#### 3 C's

### 

### 7. Training them to disrespect instructions given calmly

- illustration: junior & bedtime
   (Jr. ignores first few instructions, only obeys once she looses her temper and yells)
- Mom has a talk with Jr.: apologizes (for yelling) > inform Jr. of new policy (instruction given in normal voice, punishment if not obeyed) > follow through
- The parents' choice:
  - they never obey
  - they obey after you scream
  - Or only after saying it over & over & over
  - Or the 1st time, and to calm instructions (w/o yelling, nagging, badgering, etc.)

### 8. fathers "discouraging," "provoking to wrath"

- "Fathers, provoke not your children, that they be not discouraged"
   -Col. 3.21
- "fathers, provoke not your children to wrath: but nurture them in the chastening and admonition of the Lord" -Eph.6.4
- criticism ... or nothing
- expecting talents beyond their capacity
- fluctuating boundaries based on your mood [Illust.: cattle fence]

#### 9. failing to parent with joy

- rejoice in the wife of your youth. Prov. 5.18
- The father of the righteous will greatly rejoice; And he ...will have joy of him. Let your father and your mother be glad, And let her rejoice who gave birth to you. Prov. 23.24-25
- A joyful heart makes a cheerful face, But when the heart is sad, the spirit is broken... a cheerful heart has a continual feast... Better is a dish of vegetables where love is Than a fattened ox served with hatred. Prov. 15.13-17<sub>nasb</sub>
- the law of kindness is on her tongue. Prov.31.26
- A joyful heart is good medicine, but a crushed spirit dries up the bones. Prov. 17.22<sub>esv</sub>

  Ga.5.22 Love, Joy, Peace...

#### 10. failing to use rod AND reproof

- Just rod? [learns... what?]
- Just reproof? [kid at walmart]
- value in "the lecture"
  - -conscience
  - anticipation
- "The rod <u>and</u> reproof bring wisdom, but a child who gets his own way brings shame to his mother"
   Prov. 29.15



- twinkie b
- BRIANNE
- A mom's of in 2 or 3 days
- MERE COI
   "They're n
   enough. T
   behave the
- "TRAIN u is old he w
- TRAIN T
- a little boy



"I'm still standing up on the inside!" ... then job's not done!

## 12. Mistaking "taking them to church" for "bringing them up in the nurture and admonition of the Lord"

- Eph. 6.4
- Deut. 6.7

"You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up"

## 13. thinking "if we don't allow this, they might rebel and leave the church"

- what good is being "in church" if they aren't in the Lord? -Rev.3.14ff
- "do you not know that friendship with the world is hostility toward God?"
  -James 4.4
- entertainment? attire? interests?
- And start training EARLY

#### clothing choices...

Gen. 3

Ex. 28:42

1 Tm. 2:9

Jn. 21.7

Pr. 7.10

1 Ptr. 3.3









#### clothing choices...

- o exposed cleavage?
- exposed undergarments?
- o tight pants?
- o tight tops?
- o high slits?
- o bare midriff?
- obare thighs?



### 14. assuming cultural norms: "terrible 2's" > "rebellious teens"

- culturally common: >rebellious teens
- also common: >ungodly adults
- Josiah 2 Chron. 34.1-3
- Timothy Acts 16:1-3 / cf. 1Tim.4.12
- Note: wise parenting & the consideration of "trajectory"
   [cf: Jonadab in Jer.35 / Lot in Gn.13]
- Expect Train Guide Eccl.12.1

### 15. Going into defense mode when our children are wrong

- Defending
- Denying
- Redirecting blame
- 1Tim.5.21 "without partiality"
- Isaiah 5.20 "woe to them that call evil good, and good evil"
- If you start a pattern of bailing out, don't be surprised it they come to expect it.

### 16. Failing to train humility

- Proverbs 6 (first abomination)
- being aware of a culture that celebrates youth and lacks respect for its elders
- The fool test (prov.)

## 17. Focusing on home income (\$) over home outcome (the children)

- "Better is a little with the fear of the Lord than great treasure and turmoil with it.
   Better is a dish of vegetables where love is than a fattened ox served with hatred" Prv. 15.17
- the home, not the house / the family, not the stuff
- Do our homes reflect scriptural priorities?
   Or cultural priorities?
   "train the young women to love their husbands, to love their children, to be sober minded, chaste, workers at home, kind, being in subjection to their own husbands"
   Titus 2:3-5

# 1Tim. 6:6-10

### 18. underestimating threats

- corruption from the entertainment media
- corruption from the internet (pornography, etc.)
- offenders / predators (old and young)
- certain educational agendas (relativism, promotion of homosexuality, evolution)
- presuming medication solutions for behavior issues
- feminism agendas & blurring of gender roles
- declining standards of self-responsibility, conduct, dress, ethics, etc.

### 19. Lowering the bar from the firstborn to the baby

- Lk. 15, note the birth order
   not always, not necessary, but also not uncommon
- why so? (in addition to time %):
- pacifier illustration
- 1st born > into world of adults
- youngest > world of children
- time 1<sup>st</sup> born: parents eager
- youngest: "my baby"

### **Temperament**

- TEMPERAMENT
- · "pleaser" vs. "strong-willed"
- GAL.5:16ff
- selfish stubbornness needs to be broken, but principled independence is very valuable
- win...

### ...& your child wins

### extra charts

# something I've needed & would recommend:

### the improvement game



### **PARENTS**

#### Take the time...

- Teach them to do right
- Train them to do right
- **EXPECT** THEM TO DO RIGHT

**ROLES Josh. 24.15** 

Eph.5.25 1Ptr. 3; 1Tm.5.14

Eph.6

# 3 messages for sons & daughters:

- a.) learn to love
- b.) roads go places
- c.) lessons from Luke 15

### a.) learn to love Eph. 5.25 & Titus 2.45



### c.) lessons from Luke 15

# something I've needed & would recommend:

### the improvement game



# What about ADHD?

# What about ADHD?

Your son is a problem in class

Your son has a behavioral disorder.

Here's a drug to control the problem.

Never spank your child.

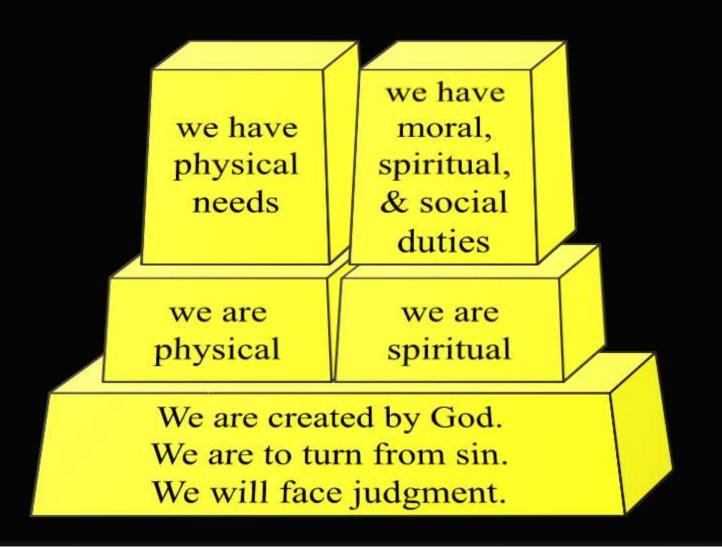
Don't be controlling. Let him be himself.

Build up his self esteem.

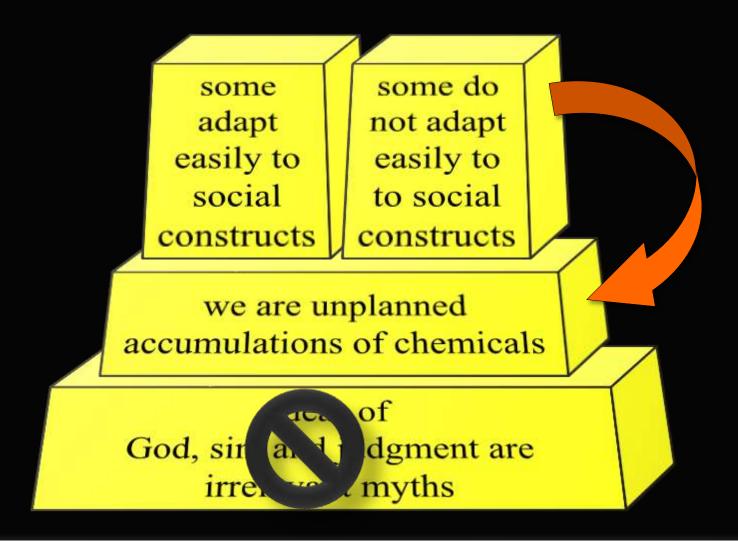
# parenting & meds

### two premises:

Biblical premise



evolutionary premise



### **GOOD PHYSICIANS**

- a noble profession...
- Mark 2.17 "It is not the healthy who need a doctor, but the sick"
- Col. 4.14 "Luke, the beloved physician"

### LTD. PHYSICIANS

Mark 5.26

 "who had suffered much under many physicians, and had spent all that she had, and was no better but rather grew worse."

### **ADHD**

familial component training component gender component

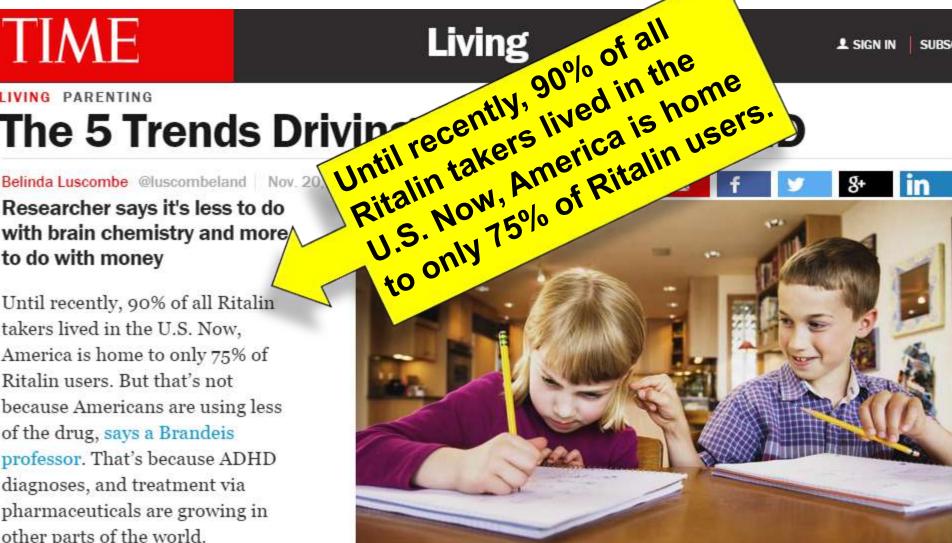
#### **NOV. 2014**

http://time.com/3595712/the-5-trends-driving-the-surge-in-adhd/



to do with money

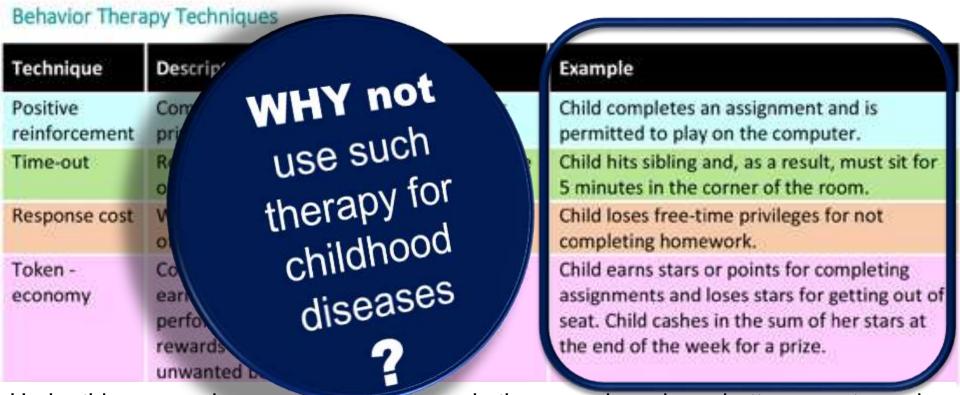
Until recently, 90% of all Ritalin takers lived in the U.S. Now, America is home to only 75% of Ritalin users. But that's not because Americans are using less of the drug, says a Brandeis professor. That's because ADHD diagnoses, and treatment via pharmaceuticals are growing in other parts of the world.



SIGN IN



Search for safety, tips, illness, etc.



Under this approach, parents, teachers, and other caregivers learn better ways to work with and relate to the child with ADHD. You will learn how to set and enforce rules, help your child understand what he needs to do, use discipline effectively, and encourage good behavior. Your child will learn better ways to control his behavior as a result. You will learn how to be more consistent

- Common ADHD Medications & Treatments for Children
- Behavior Therapy for Children with ADHD

- 2. Hyperactivity and Impulsivity: Six or more symptoms of hyperactivity-impulsivity for children up to age 16, or five or more for adolescents 17 and older and adults; symptoms of hyperactivity-impulsivity have been present for at least 6 months to an extent that is disruptive and inappropriate for the person's developmental level:
  - Often fidgets with or taps hands or feet, or squirms in seat.
  - · Often leaves seat in situations when remaining seated is expected.
  - Often runs about or climbs in situations where it is not appropriate (adolescents or adults may be limited to feeling restless).
  - Often unable to play or take part in leisure activities quietly.
  - often "on the go" acting as if "driven by a motor"
  - Often talks excessively.
  - Often blurts out an answer before a question has been completed.
  - Often has trouble waiting his/her turn.
  - Often interrupts or intrudes on others (e.g., butts into conversations or games)
- n addition, the following conditions must be met:
- · Several inattentive or hyperactive-impulsive symptoms were present before age 12 years.
- Several symptoms are present in two or more setting, (e.g., at home, school or work; with friends or relatives; in other
  activities).
- · There is clear evidence that the symptoms interfere with, or reduce the quality of, social, school, or work functioning.

and the contract of the contra

The symptoms do not happen only during the course of schizophrenia or another psychotic disorder. The symptoms are



Transforming the understanding and treatment of mental illnesses.

#### Who Is At Risk?

ADHD is one of the most common childhood disorders and can continue through adolescence and into adulthood. The average age of onset is 7 years old.

ADHD affects about 4.1% American adults age 18 years and older in a given year. The disorder affects 9.9% of American children age 13 to 18 years. Boys are four times at risk than girls.

Studies show that the number of children being diagnosed with ADHD is increasing, but it is unclear why.



### theguardian



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He added: "If you give psychostimulants to animals when they are young, their rewards systems change. They require much more stimulation to get the same level of pleasure.

"So on a very concrete level they need to eat more food to get the same sensation of satiation. They need to do more high-risk things to get that little buzz from doing something. It is not a benign phenomenon.

Taking a medication influences systems in ways we don't always understand. tend to be pretty cautious about this stuff, particularly when the research shows you that other interventions are equally effective and over time more effective and have none of the adverse effects. For me it's a no-brainer."

Perry said he favoured an approach that went back to the root causes of the problem, and often required attention being focused on the parents. "There are number of non-pharmacological therapies which have been pretty effective. A lot of them involve helping the adults that are around children," he said.



#### **Opinion**

#### **Doctor: ADHD Does Not Exist**

Dr. Richard Saul March 14, 2014

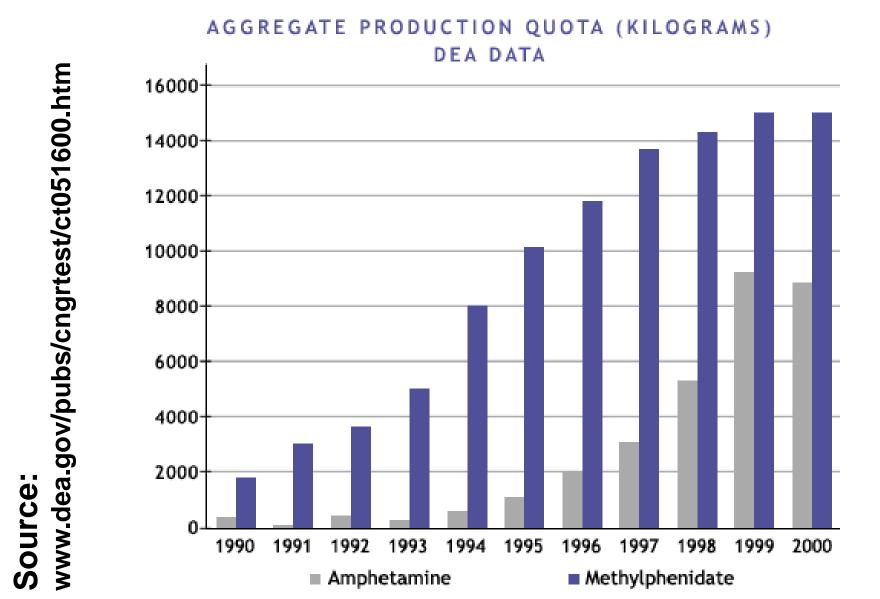


First, addiction to stimulant medication is not rare; it is common. The drugs' addictive qualities are obvious. We only need to observe the se many patients who are forced to periodically increase their dosage if they want to concentrate. This is because the body stops producing the appropriate levels of neurotransmitters that ADHD meds replace — a trademark of addictive substances. I worry that a generation of pa Americans won't be able to concentrate without this medication; Big Pharma is understandably not as concerned. The papile imagination — acco not exist.

Dr. Richard Saul is a behavioral neurologist practicing in the Chicago area. His book, ADHD Does Not Exist, is published by HarperCollins.

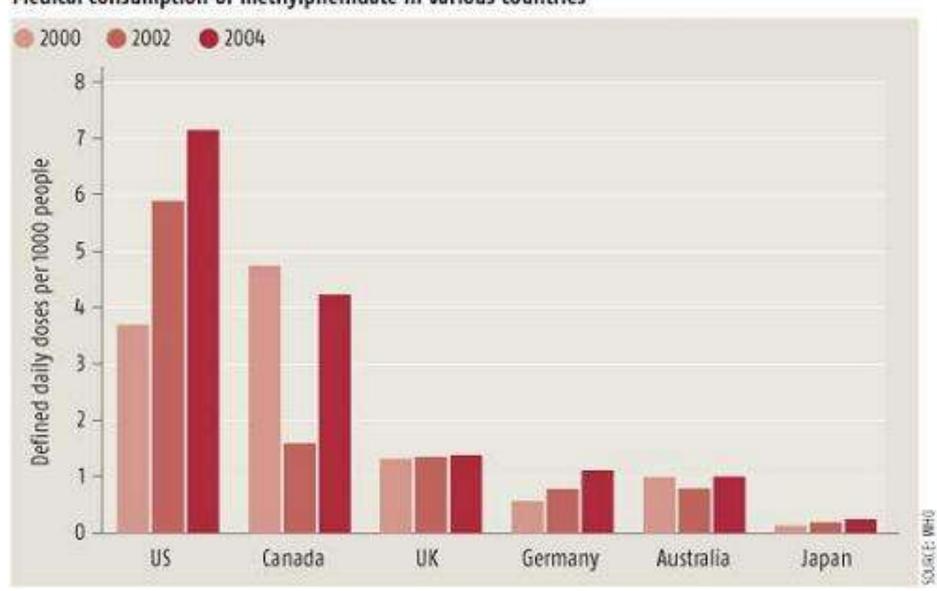
#### http://www.pbs.org/wgbh/pages/frontline/shows/medicating/drugs/stats.html

The production of methylphenidate (Ritalin) and the legal production of amphetamine in the form of Adderall and Dexedrine in the U.S. has soared since 1990... these drugs are considered to be potential drugs of abuse under the Controlled Substances Act



#### RISE IN ADHD?

Medical consumption of methylphenidate in various countries



www.pbs.org/wgbh/pages/frontline/shows/medicating/readings/publicinterest.html

### with FRONTLINE WATCH SCHEDULE TOPICS

It is tempting to view this pattern as suggesting that the ADHD diagnosis provides teachers with a new technique for regaining control of the

classroom in a world where many of the traditional methods of control have been eliminated. Drugs have replaced the reprimand. gro ... Nor is there any mechanism, of the sort one would find in a school-

Wh choice-based system of education, for parents to seek out schools tailored Pre to the temperaments and capabilities of their children... when it is

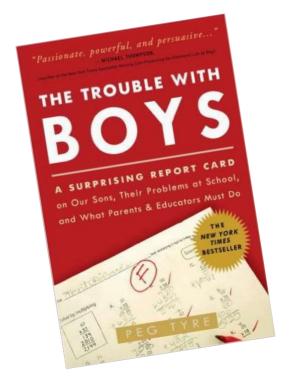
atte difficult or inconvenient to change the environment, we don't think twice about changing the brain of the person who has to live in it...

None of this should be taken to suggest that there are no cases of genuine brain damage or dysfunction that require medical intervention... But difference does not automatically equal disease. Is changing the child's emb brain chemistry, by prescribing Ritalin-like drugs, really the most appropriate response to the child who doesn't perform well in the modern

school environment? way me is for some kids.

out act ans way. It's just the

#### The Trouble with boys, Peg Tyre



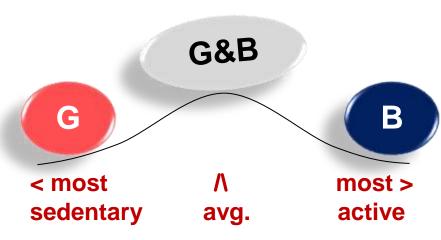


Elmhurst College

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Peg Tyre: "The Trouble with Boys"

- 2<sup>nd</sup> graders : hares & tortoises
- boys: "reading is kinda girly"
- gender & movement
- recess & sitting still
- att.: "girls are the gold std. & boys are the defective girls"
- teachers: females dominant
- maturity rate difference



Developmental Psychology Warren O. Eaton

http://home.cc.umanitoba.ca/~eaton/child-development-motor-activity-level.htm



### Psychology Today

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Marty Nemko Ph.D. How To Do Life

### The Problem With Boys

An ignored crisis.

Posted Sep 20, 2014



- four to eight times as likely to be drugged with Ritalin and other stimulants, which pediatrician Leonard Sax, calls "academic steroids."
- reading much more poorly than are other students.
- three times as likely to commit suicide.
- 2 1/2 times as likely to drop out of high school.
- severely underrepresented in college and even more so among college graduates, thereby locking them out of today's, let alone tomorrow's professional-level jobs.

And our schools continue to get ever more feminized. Competition, one of boys' favorite motivators, has largely been excised in favor of "cooperative learning," (which ends up often meaning hat the bright and dedicated do the dull's and lazy's work.) Stories of heroism and bravery are replaced with tomes about relationships and sheroes. Recess, which active boys desperate seek to release pent up energy is increasingly replaced by yet another round of phonics. Girls are told they can accomplish anything while boys are taught that masculinity is an antisocial trait that must be extinguished.

The percentage of female K-12 teachers has risen to an all-time high: 76.3 percent (link is external). In elementary school, it's well over 90 percent. The main role model boys see in school is the custodian.

And when boys get home from school, the male role models get worse. Whether watching a sitcom, movie, cartoon, or commercial, the odds are good that the male is a buffoon or sleazebag while the female is savvy and confident.

## **DOES NOT MEAN:**

- Let boys get away with bad behavior
- Boys can't sit still

## **But:**

- Girls are girls, and boys are boys
- Both need parenting, raising, & training
- Pr.22.6
- Little boys will not stay little boys. Let's help them grow to be godly young men.
- Little girls will not stay little girls. Let's help them grow to be godly young women.

# Sonoma Index-Tribune

Education **Obits** Classif Entertainment Lifestyle Sports **Events Guide** on

## Why French kids don't have ADHD

STAFF REPORT

STAFF REPORT

June 3, 2014













Is ADHD a biological-neurological disorder? Surprisingly, the answer to this question depends on whether you live in France or in the United States. In the United States, child psychiatrists consider ADHD to be a biological disorder with biological causes. The preferred treatment is also biological – psycho stimulant medications such as Ritalin and Adderall. French child psychiatrists, on the other hand, view ADHD as a medical condition that has psycho-social and situational causes. Instead of treating children's focusing and behavioral

problems with drugs, French doctors prefer to look for the underlying issue that is causing the child distress – not in the child's brain but in the child's social context. They then choose to treat the underlying social context problem with psychotherapy or family counseling. This is a very different way of seeing things from the American tendency to attribute all symptoms to a biological dysfunction.



## **ADDITUDE**

THE ADHD BRAIN

## ADHD Neuroscience 101

An expert on attention deficit and learning disabilities talks about the biology behind ADHD and why it's sometimes so difficult to diagnose and treat symptoms in children.



By Larry Silver, M.D. ✓ Verified Updated on July 13, 2022

ADHD was the first disorder found to be the result of a deficiency of a specific neurotransmitter — in this case, norepinephrine — and the first disorder found to respond to medications to correct this underlying deficiency.



Benjamin Cheyette, M.D., and Sarah Cheyette M.D. 1-2-3-ADHD

DOPAMINE

## Norepinephrine: Dopamine's Less Glamorous Wonder Twin

Norepinephrine, which doesn't get much attention, is key to attention and focus.

Posted July 21, 2019

the medications that work for ADHD show that other brain chemicals are involved chief among them, norepinephrine. The position is a position of the position of

#### **PERMANENTE MEDICINE**

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## Regular Exercise Benefits Both Mind and Body: A Psychiatrist Explains

December 22, 2021



# **Exercise as a Treatment Method**

Neurotransmitters called serotonin (a hormone that stabilizes our mood) and norepinephrine (a hormone that increases heart rate and helps break down fat) also increase during

exercise. Norepinephrine and serotonin are a great pair. Together, these chemicals help combat depressive episodes and boost energy and alertness. Exercise increases levels of serotonin, dopamine and norepinephrine in the brain, just like medications can.

- R A N
- Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. Gen. 2.24 esv
  - You shall love the LORD your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.
  - The rod and reproof give wisdom, But a child who gets his own way brings shame to his mother.

    Prov. 29.15 nasb
    - Correct your son, and he will give you comfort; he will also delight your soul.

      Prov. 29.17 nasb
    - Train up a child in the way he should go, Even when he is old, he will not depart from it.

      Prov. 22.6 esv
    - Older women... teach what is good ...train the young women to love their husbands and children... working at ome...submissive to their own husbands

      Titus 2.4-5 esv
  - Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. Eph.6.4 esv

# LOVE

Eph.5.25; Titus 2.4

# **PARENTS**

# **Proverbs 22.6**

"Train up a child in the way he should go,
Even when he is old, he will not depart from it"

# Pr. 18.22

# "He who finds a wife finds a good thing"

- Research shows no long term benefit from ADHD medication abc.net (australian TV) abc.net.au/worldtoday/content/2007/s2089497.htm
- Professor William Pelham from the State University of New York at Buffalo has been involved in a national study on ADHD treatment since the 1990s.

## **WILLIAM PELHAM:**

We published a report in 1999 that appeared to suggest that medication was the best way to treat children with ADHD. Other treatments were also good, that is a psychosocial approach, training parents and children and teachers how to work together, but medication appeared to be a bit better and we published that.

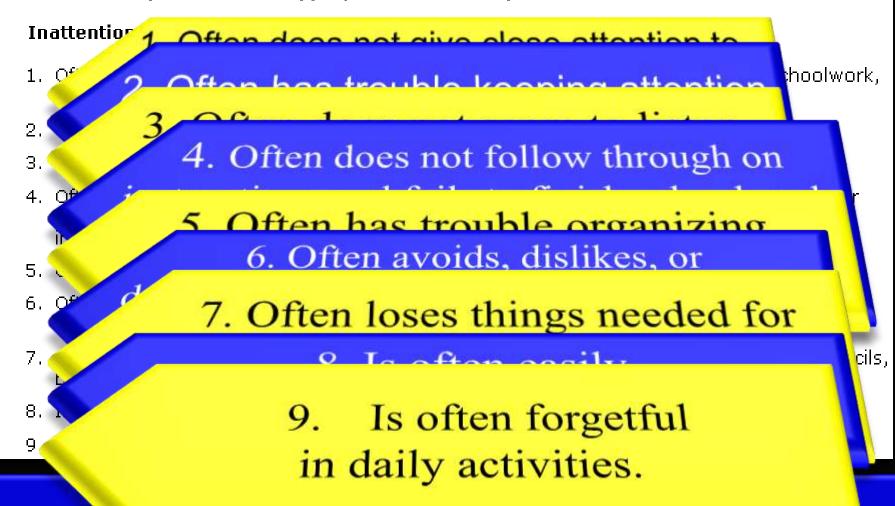
And then a year later did follow up, and two years later did another follow up, and that was just reported. And each time we did follow up, the effects of medication were less and less. And this last follow up, we can no longer detect any beneficial effects of medication.

- The explosion in ADHD diagnosis and treatment with stimulants such as Ritalin (Methylphenidate) represents the greatest medical catastrophe since Thalidomide -B.Turner Lecturer in Legal Studies in Forensic Science in the Department of Biological Sciences, University of Lincoln, UK, counselingonlinesite.com/blog/archives/2009\_03\_01
- PBS.COM > search: BRAIN POLITICS

#### DSM-IV Criteria for ADHD

#### I. Either A or B:

A. Six or more of the following symptoms of inattention have been present for at least 6 months to a point that is inappropriate for developmental level:



- 2. Hyperactivity and Impulsivity: Six or more symptoms of hyperactivity-impulsivity for children up to age 16, or five or more for adolescents 17 and older and adults; symptoms of hyperactivity-impulsivity have been present for at least 6 months to an extent that is disruptive and inappropriate for the person's developmental level:
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The symptoms do not happen only during the course of schizophrenia or another psychotic disorder. The symptoms are

# The Homes We Need

- Built with the LordPs. 127:1
- Built on the word
   Mt. 7:24-27
- Built in sanctification
   Josh. 24:15; Dt. 6:4-9; Jas. 4:4





