But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Galatians 5:16-17



# 1 JOHN 1:5-2:2

#### **Two Certainties**

- God doesn't want us to sin
- We do sin, even when walking in the light

Jesus is the bridge!



# Unhelpful Things

• "Just try harder"

"Just accept it"

- Theoretical doctrines
  - Perfectionism
  - Calvinism



### PERSPECTIVE FOR THINKING

- Identity "old vs. new man"
  - Romans 6:6-4
  - Ephesians 4:22-24

### PERSPECTIVE FOR THINKING

• Identity – "old vs. new man"

- Tension "replace old man with new"
  - Transformation is gradual (Eph. 2:3, 4:17)
  - Step into new man daily (Luke 9:23)



# Tools for Fighting

Kill persistent sin (Colossians 3:1-5)

- Confession
  - To God (1 John 1:9)
  - To others (James 5:16, Galatians 6:1-2)

# Tools for Fighting

• Kill persistent sin (Colossians 3:1-5)

Confession

• God's grace (Hebrews 4:16)



# MOTIVATION FOR OVERCOMING

• Fear of God's wrath (Colossians 3:6-7)

• Growing in our relationship (Colossians 3:1-5)

• Press upward! (Philippians 3:14-16)



Therefore, since we have so great a cloud of witnesses surrounding us, let us lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfector of faith...

Hebrews 12:1-2